

MEGA swim 26: Session: 2: COACH evaluation sheet for TEAM: OZEKA

Coachinfo: Warming up from: 13:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Devriese Boris

Coaches: Wielfaert Wout

Coaches: Speliers Sabrina HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 10: 400M FREESTYLE MEN 11-14							Heat:2, starttime: 15:00	
Heat: 2/5 Lane : 7 Athlete: DE REGGE MATTEO							Q-time: 06:18:59	
PB (50m pool): no time			PB (25m pool): 06:18.59SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-14							Heat:3, starttime: 15:05	
Heat: 3/5 Lane : 7 Athlete: VAN NIEUWENHUYZE LUKAS							Q-time: 05:47:35	
PB (50m pool): 05:47.35 Kortrijk 26/12/2025			PB (25m pool): 06:34.09SB: 05:47.35 Kortrijk 26/12/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:37.76	01:22.14	02:06.62	02:51.64	03:37.10	04:22.24	05:06.76	05:47.35
	00:37.76	00:44.38	00:44.48	00:45.02	00:45.46	00:45.14	00:44.52	00:40.59
								

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-16							Heat:1, starttime: 15:25	
Heat: 1/13 Lane : 1 Athlete: BERTE LISE							Q-time: 99:99:99	
PB (50m pool): no time			PB (25m pool): 01:46.82SB: no time					
	5 0 M	1 0 0 M						
PB	no time	no time						
	<i>no time</i>							
								

Coach feedback:

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Event number: 11: 100M BUTTERFLY WOMEN 11-16			Heat:1, starttime: 15:25
Heat: 1/13 Lane : 3 Athlete: VAN DE WALLE NORA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:37.64 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-16			Heat:1, starttime: 15:25
Heat: 1/13 Lane : 4 Athlete: DE KETELAERE FEBE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-16			Heat:5, starttime: 15:35
Heat: 5/13 Lane : 7 Athlete: VAN LIERDE ROOS			Q-time: 01:30:51
PB (50m pool): 01:30.51 Antwerpen 13/07/2025			PB (25m pool): 01:30.55 SB: no time
	5 0 M	1 0 0 M	
PB	00:41.64	01:30.51	
	00:41.64	00:48.87	
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:5, starttime: 16:00
Heat: 5/17 Lane : 7 Athlete: VAN LIERDE DAAN			Q-time: 01:56:27
PB (50m pool): 01:56.27 Antwerpen 13/07/2025			PB (25m pool): 01:56.05 SB: no time
	5 0 M	1 0 0 M	
PB	00:55.54	01:56.27	
	00:55.54	01:00.73	
			

Coach feedback:

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Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:9, starttime: 16:10
Heat: 9/17 Lane : 3 Athlete: BOONEN KAREL			Q-time: 01:38:16
PB (50m pool): 01:38.16 Antwerp 26/01/2025			PB (25m pool): 01:32.01 SB: no time
	5 0 M	1 0 0 M	
PB	00:46.33	01:38.16	
	00:46.33	00:51.83	
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:9, starttime: 16:10
Heat: 9/17 Lane : 6 Athlete: VAN BRAECKEL SEPPE			Q-time: 01:38:31
PB (50m pool): 01:38.31 Antwerpen 20/07/2025			PB (25m pool): 01:35.50 SB: no time
	5 0 M	1 0 0 M	
PB	00:46.92	01:38.31	
	00:46.92	00:51.39	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:2, starttime: 16:30
Heat: 2/20 Lane : 6 Athlete: DE KETELAERE FEBE			Q-time: 01:32:57
PB (50m pool): 01:32.57 La Louvière 25/05/2025			PB (25m pool): 01:30.64 SB: no time
	5 0 M	1 0 0 M	
PB	00:44.00	01:32.57	
	00:44.00	00:48.57	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:4, starttime: 16:35
Heat: 4/20 Lane : 1 Athlete: BERTE LISE			Q-time: 01:25:43
PB (50m pool): 01:25.43 MOUSCRON 29/05/2025			PB (25m pool): 01:26.83 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.03	01:25.43	
	00:40.03	00:45.40	
			

Coach feedback:

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Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:7, starttime: 16:40
Heat: 7/20 Lane : 9 Athlete: VAN LIERDE ROOS			Q-time: 01:20:18
PB (50m pool): 01:20.18 Antwerpen 13/07/2025			PB (25m pool): 01:19.02 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.17	01:20.18	
	00:38.17	00:42.01	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:8, starttime: 16:40
Heat: 8/20 Lane : 2 Athlete: VAN DE WALLE NORA			Q-time: 01:17:33
PB (50m pool): 01:17.33 Antwerp 02/02/2025			PB (25m pool): 01:16.08 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.86	01:17.33	
	00:35.86	00:41.47	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:6, starttime: 17:15
Heat: 6/18 Lane : 0 Athlete: VAN NIEUWENHUYZE LUKAS			Q-time: 01:32:75
PB (50m pool): 01:32.75 Antwerpen 13/07/2025			PB (25m pool): 01:28.94 SB: no time
	5 0 M	1 0 0 M	
PB	00:44.74	01:32.75	
	00:44.74	00:48.01	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:6, starttime: 17:15
Heat: 6/18 Lane : 9 Athlete: VAN LIERDE DAAN			Q-time: 01:33:05
PB (50m pool): 01:33.05 Antwerpen 13/07/2025			PB (25m pool): 01:40.04 SB: no time
	5 0 M	1 0 0 M	
PB	00:46.92	01:33.05	
	00:46.92	00:46.13	
			

Coach feedback:

MEGA swim 26: Session: 2: COACH evaluation sheet for TEAM: OZEKA

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:11, starttime: 17:25
Heat: 11/18 Lane : 3 Athlete: VAN BRAECKEL SEPPE			Q-time: 01:21:05
PB (50m pool): 01:21.05 Antwerpen 20/07/2025			PB (25m pool): 01:19.41 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:21.05	
	no time		
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:13, starttime: 17:30
Heat: 13/18 Lane : 6 Athlete: BOONEN KAREL			Q-time: 01:18:08
PB (50m pool): 01:18.08 Antwerpen 20/07/2025			PB (25m pool): 01:15.33 SB: no time
	5 0 M	1 0 0 M	
PB	00:37.68	01:18.08	
	00:37.68	00:40.40	
			

Coach feedback: